

Basic Sweet Roll Dough

In Bosch bowl with dough hook add:

5 Cups warm water
2 heaping Tablespoons Reduced fat tofu drink mix

or

3 Cups warm water
2 Cups warm milk

1 Cup sugar
4 eggs
4 Tablespoons yeast
1/2 Cup canola oil
1 1/2 Tablespoons salt
4 Tablespoons dough enhancer

Add: 12-13 cups whole-wheat flour to make soft dough that cleans the side of the bowl.

Knead: For 10 minutes on speed 1 for Universal. (speed 2 for Concept)

Shape: Into dinner rolls, cinnamon rolls, orange rolls, filled breads, pull aparts, etc.

Kitchen Resource

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