

Break Apart

All ingredients from your favorite Whole Wheat bread recipe

1 Cup sugar

4 Teaspoons cinnamon

1/2 Cup margarine or butter

Chopped nuts

Using your favorite bread recipe, pinch off 1 1/2" size balls of dough. Roll them in melted butter and then in the sugar and cinnamon mixture. Oil an angel food cake pan and place them in it. Scatter chopped nuts on top of each layer. Fill the pan until it is 2/3 full.

Let rise and bake at 350° for 45 minutes.

Drizzle vanilla frosting over it after you have removed it from the pan.

Kitchen Resource

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