

Instant Corn Chowder

In saucepan whisk flours into Hot water

3 1/4 Cup Hot water

1/3 Cup Corn flour

3 Tablespoons split pea flour

1 Tablespoon chicken or vegetable soup base

8-10 drops Tabasco sauce (optional)

Cook: Stirring for 1 minute. (Medium/high heat)

Cover: And turn to low, cook 2-3 minutes.

Serve: With broken corn chips

Kitchen Resource

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