

Split Pea Soup

Boil: 2 cups water

Optional add 1/4 Cup grated carrots, 1/4 Cup grated potatoes and minced celery. Cook 3-4 minutes until vegetables are tender crisp.

Whisk: In over medium/high heat:

3 Tablespoons pea flour (for thin soup) or 1/3 cup pea flour (for thick soup)

2 Teaspoons chicken or vegetable soup base

Stir: Additional 1 minute

Turn: Heat to low

Cover: And cook 2 minutes

Kitchen Resource

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